



## Rosley C of E School

### PE LONG TERM PLAN



At Rosley CE Primary School, we use the Cambridgeshire scheme of work to assist teacher planning, in addition to a range of other resources (Kwik Cricket, LTA, Basic Moves). Below is an overview of the learning focus for each half term in each class. We also use coaches who teach following our progression of skills in gymnastics and swimming. Pupils receive 2 hours per week of timetabled PE lessons. Class teachers may choose to adapt the learning focus to suit their class but must ensure full coverage throughout the two-yearly cycle.

#### YEAR A 2021 – 2022

CLASS/YEAR	AUTUMN 1	AUTUMN 2	SPRING 1	SPRING 2	SUMMER 1	SUMMER 2
CLASS 1 Reception and KS1	<b>Games</b> Fundamentals 1	<b>Gym</b> Travelling	<b>Dance</b> The Great Fire of London	<b>Swimming</b>	<b>Games</b> Fundamentals 2	<b>Orienteering</b> Trails, Trust & Teamwork
	<b>Basic Moves</b>	<b>Dance</b> Weather	<b>Gym</b> Jumping Jacks	<b>Games</b> Net & Wall	<b>Basic Moves</b> Running, throwing & jumping	<b>Athletics</b> Sports Day preparation
CLASS 2 Years 3 & 4	<b>Gymnastics</b>	<b>Swimming</b>	<b>Swimming</b>	<b>Dance</b> Solar System	<b>Games</b> Striking & Fielding	<b>Games</b> Net & Wall
	<b>Games</b> Ball handling skills	<b>Gymnastics</b> Patterns & Pathways	<b>Dance</b> Machines	<b>Games</b> Net & Wall	<b>Orienteering</b> Co-operation, Communication & Consideration	<b>Athletics</b> Challenges
CLASS 3 Years 5 & 6	<b>Swimming</b>	<b>Indoor Athletics</b>	<b>Gymnastics</b>	<b>Gymnastics</b> Pair Composition	<b>OAA</b> Residential at Hawse End	<b>Athletics</b> Heptathlon
	<b>Games/Cross Country</b> Football	<b>Dance</b> Theseus & the Minotaur	<b>Dance</b> Dance Styles	<b>Games</b> Netball	<b>Games</b> Net & Wall	<b>Games</b> Striking & Fielding
<b>Competitions &amp; events</b>	<i>Football Y5/6 Cross country</i>		<i>Cross-country</i>	<i>Tennis Swimming gala</i>	<i>Kwik cricket</i>	<i>Sports Day Tennis Athletics</i>



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**YEAR B 2022 – 2023**

CLASS/YEAR	AUTUMN 1	AUTUMN 2	SPRING 1	SPRING 2	SUMMER 1	SUMMER 2
CLASS 1 Reception and KS1	<b>Games</b> Fundamentals 1	<b>Gym</b> Points of contact	<b>Dance</b> Moving Words	<b>Swimming</b>	<b>Games</b> Fundamentals 2	<b>Games</b> Fundamentals 2
	<b>Gymnastics</b> Rock and Roll	<b>Dance</b> Magical friendships	<b>Gym</b> Points of contact	<b>Games</b> Fundamentals 1	<b>Athletics</b>	<b>Athletics</b>
CLASS 2 Years 3 & 4	<b>Swimming</b>	<b>Gymnastics</b> Principles of balance	<b>Swimming</b>	<b>Dance</b> Rugby and the Haka	<b>Games</b> Net games	<b>Games</b> Striking & Fielding: rounders
	<b>Games</b> Invasion games: Ball on the ground	<b>Gymnastics</b> Rotation	<b>Dance</b> Cold places	<b>Games</b> Net & Wall	<b>Athletics</b> Pentathlon	<b>Athletics</b> Pentathlon
CLASS 3 Years 5 & 6	<b>Games</b> Invasion games: Hockey	<b>Swimming</b>	<b>Gymnastics</b> Body symmetry	<b>Dance</b> Football Fan	<b>OAA</b> Co-operation, communication & consideration	<b>Athletics</b> Decathlon
	<b>Cross-country</b>	<b>Dance</b> Why bully me?	<b>Gymnastics</b> Group work	<b>Games</b> Invasion games: Tag Rugby (Y6 Cambridge)	<b>Games</b> Striking & Fielding: Kwik Cricket	<b>Games</b> Net & Wall
Competitions & events	<i>Football Y5/6</i> <i>Cross country</i>		<i>Cross-country</i>	<i>Tennis</i> <i>Swimming gala</i>	<i>Kwik cricket</i>	<i>Sports Day</i> <i>Tennis</i> <i>Athletics</i>