

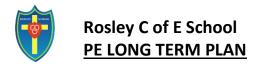
Rosley C of E School PE LONG TERM PLAN



At Rosley CE Primary School, we use the Cambridgeshire scheme of work to assist teacher planning, in addition to a range of other resources (Kwik Cricket, LTA, Basic Moves). Below is an overview of the learning focus for each half term in each class. We also use coaches who teach following our progression of skills in gymnastics and swimming. Pupils receive 2 hours per week of timetabled PE lessons. Class teachers may choose to adapt the learning focus to suit their class but must ensure full coverage throughout the two-yearly cycle.

YEAR A 2021 - 2022

CLASS/YEAR	AUTUMN 1	AUTUMN 2	SPRING 1	SPRING 2	SUMMER 1	SUMMER 2
CLASS 1 Reception and KS1	Games Fundamentals 1	Gym Travelling	Dance The Great Fire of London	Swimming	Games Fundamentals 2	Orienteering Trails, Trust & Teamwork
	Basic Moves	Dance Weather	Gym Jumping Jacks	Games Net & Wall	Basic Moves Running, throwing & jumping	Athletics Sports Day preparation
CLASS 2 Years 3 & 4	Gymnastics	Swimming	Swimming	Dance Solar System	Games Striking & Fielding	Games Net & Wall
	Games Ball handling skills	Gymnastics Patterns & Pathways	Dance Machines	Games Net & Wall	Orienteering Co-operation, Communication & Consideration	Athletics Challenges
CLASS 3 Years 5 & 6	Swimming	Indoor Athletics	Gymnastics	Gymnastics Pair Composition	OAA Residential at Hawse End	Athletics Heptathlon
	Games/Cross Country Football	Dance Theseus & the Minotaur	Dance Dance Styles	Games Netball	Games Net & Wall	Games Striking & Fielding
Competitions & events	Football Y5/6 Cross country		Cross-country	Tennis Swimming gala	Kwik cricket	Sports Day Tennis Athletics





YEAR B 2022 - 2023

CLASS/YEAR	AUTUMN 1	AUTUMN 2	SPRING 1	SPRING 2	SUMMER 1	SUMMER 2
CLASS 1 Reception and KS1	Games Fundamentals 1	Gym Points of contact	Dance Moving Words	Swimming	Games Fundamentals 2	Games Fundamentals 2
	Gymnastics Rock and Roll	Dance Magical friendships	Gym Points of contact	Games Fundamentals 1	Athletics	Athletics
CLASS 2 Years 3 & 4	Swimming	Gymnastics Principles of balance	Swimming	Dance Rugby and the Haka	Games Net games	Games Striking & Fielding: rounders
	Games Invasion games: Ball on the ground	Gymnastics Rotation	Dance Cold places	Games Net & Wall	Athletics Pentathlon	Athletics Pentathlon
CLASS 3 Years 5 & 6	Games Invasion games: Hockey	Swimming	Gymnastics Body symmetry	Dance Football Fan	OAA Co-operation, communication & consideration	Athletics Decathlon
	Cross-country	Dance Why bully me?	Gymnastics Group work	Games Invasion games: Tag Rugby (Y6 Cambridge)	Games Striking & Fielding: Kwik Cricket	Games Net & Wall
Competitions & events	Football Y5/6 Cross country		Cross-country	Tennis Swimming gala	Kwik cricket	Sports Day Tennis Athletics