



Rosley C of E School

PSHE LONG TERM PLAN 2025 - 2027



At Rosley CE Primary School, we use SCARF resources to assist teacher planning in PSHE & Citizenship. Below is an overview of the learning focus for each term in each class. Pupils receive the equivalent of 1 hour per week of timetabled PSHE lessons every other half term. In addition, we hold a termly 'Health and Wellbeing Day' to complement the PSHE curriculum and enable whole school collaboration. These focus on the 'Five ways to Wellbeing'. Class teachers may choose to adapt the learning focus to suit their class but must ensure full coverage throughout the two-yearly cycle.

	Year A 2025 - 26			Year B 2026 - 27		
CLASS/YEAR	AUTUMN	SPRING	SUMMER	AUTUMN	SPRING	SUMMER
Nursery	Me and My Relationships	Being my Best	Keeping Safe	Valuing Difference	Growing and Changing	Rights and Respect
Class 1 YR, Y1 & Y2	Me and My Relationships (Rec & Y2)	Growing and Changing (Rec & Y2)	Keeping Safe (Rec & Y2)	Valuing Difference (Rec & Y2)	Growing and Changing (Rec & Y1)	Rights and Respect (Rec & Y2)
Class 2 Y3 & Y4	Me and My Relationships (Y4)	Growing and Changing (Y4)	Keeping Safe (Y4)	Valuing Difference (Y4)	Growing and Changing (Y3)	Rights and Respect (Y3)
Class 3 Y5 & Y6	Me and My Relationships (Y6)	Growing and Changing (Y6)	Keeping Safe (Y5 & 6)	Valuing Difference (Y5 & 6)	Growing and Changing (Y5) Phonesmart	Rights and Respect (Y6)
Visits and visitors	CONNECT Team building activities Odd Socks Day Mon 10 Nov 2025	KEEP LEARNING Being my Best First Aid Safer Internet Day Tues 11 Feb 2026	GET ACTIVE Healthy body, healthy mind activities Life Education Session Walk to School Week 18-22 May 2026	CONNECT Adventure team building activities Class 1 – Whinlatter Class 2 – Talkin Tarn Class 3 – Mountain Pilgrimage Odd Socks Day	TAKE NOTICE Our 5 senses Inc Phunky Foods workshop Safer Internet Day	GIVE TO OTHERS Giving is Good Life Education Session Walk to School Week